

Monday



Tuesday

Wednesday

Thursday

Friday

1
 Chicken Caesar Wrap
 Tiger Chef's Salad w/Breadstick
 Broccoli
 Pear
 Water

2
 Chicken Bacon Ranch Wrap
 Hummus Wrap
 Tiger Chef's Salad w/Breadstick
 Carrots
 Banana
 Water

3
 Chicken or Veggie Taco Salad
 Lettuce, Tomato, Guacamole, Cheese
 Tiger Chef's Salad w/Breadstick
 Corn
 Fruit Salad
 Water

4
 Cheese or Pepperoni Pizza
 Tiger Chef's Salad w/Breadstick
 Mixed Greens w/Tomato, Cucumber
 Apple
 Water

7
 Chicken Salad Sandwich
 Vegan Patty Sandwich
 Chicken Ranch Salad w/Roll
 Broccoli
 Grapes
 Water

8
 Turkey and Cheese Wrap
 Sun Butter and Jelly
 Chicken Ranch Salad w/Roll
 Carrots
 Pineapple
 Water

9
 Fun on the Run
 Chicken Ranch Salad w/Roll
 Mixed Vegetables
 Fruit Salad
 Water

10
 Buffalo Chicken Wrap
 Buffalo Tofu Wrap
 Chicken Ranch Salad w/Roll
 Fiesta Corn Salad
 Orange
 Water

11
 Cheese or Pepperoni Pizza
 Chicken Ranch Salad w/Roll
 Spinach Salad w/Oranges
 Pear
 Water

14
 Ham and Cheese Wrap
 Hummus & Vegetable Wrap
 Caesar Salad w/Breadstick
 Sweet Potato Fries
 Banana
 Water

15
 BBQ Chicken Sandwich
 BBQ Tofu Sandwich
 Caesar Salad w/Breadstick
 Corn
 Fruit Salad
 Water

16
 Sun Butter and Jelly
 Caesar Salad w/Breadstick
 Broccoli
 Orange
 Water

17
 Chicken Fajita Wrap
 Vegetable Fajita Wrap
 Caesar Salad w/Breadstick
 Carrots
 Grapes
 Water

18
 No School

21
 No School

22
 No School

23
 No School

24
 No School

25
 No School

28
 No School

29
 No School

30
 No School

31
 No School



Fun on the Run: Pretzel, Yogurt, String Cheese, Fruit, Vegetable
***Greek Salad:** Lettuce, Chicken, Garbanzo Beans, Olives, Tomato, Cucumber, Feta Cheese
***Tiger Chef's Salad:** Lettuce, Turkey, Garbanzo Beans, Tomato, Cucumber, American Cheese
***Caesar Salad:** Lettuce, Chicken, Olives, Tomato, Cucumber, American Cheese
***Chicken Ranch Salad:** Lettuce, Chicken, Tomato, Cucumber, Olives, Carrot, American Cheese

***Alternate Sandwich Option:** Sun Butter and Jelly