

JUNE 2019

Henry Barnard School

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|---|---|
| <p>Popcorn Chicken Whole Wheat Roll Grilled Cheese Sandwich Tiger Chef's Salad w/Breadstick Cucumbers Apple Milk</p> <p>3</p> | <p>Cheeseburger or Veggie Burger Whole Wheat Bun Turkey and Cheese Wrap Tiger Chef's Salad w/Breadstick Carrots w/dip Pineapple Milk</p> <p>4</p> | <p>Mini Cheese Ravioli Fun on the Run Tiger Chef's Salad w/Breadstick Green Beans Banana Milk</p> <p>5</p> | <p>Beef or Veggie Tacos Lettuce, Tomato, Guacamole, Cheese Ham and Cheese Wrap Tiger Chef's Salad w/Breadstick Corn and Black Bean Salad Fruit Salad Milk</p> <p>6</p> | <p>Cheese or Pepperoni Pizza Tuna Salad Wrap Tiger Chef's Salad w/Roll Mixed Greens w/Tomato, Cucumber Cantaloupe & Honeydew Milk</p> <p>7</p> |
| <p>Grilled Chicken Whole Wheat Bun Grilled Cheese Sandwich Greek Salad w/Pita Broccoli w/dip Grapes Milk</p> <p>10</p> | <p>Beef or Vegetarian Nachos Salsa, Lettuce, Cheese Turkey and Cheese Wrap Chicken Ranch Salad w/Roll Carrots w/dip Banana Milk</p> <p>11</p> | <p>Macaroni and Cheese Fun on the Run Chicken Ranch Salad w/Roll Mixed Vegetable Slaw Fruit Salad Milk</p> <p>12</p> | <p>13</p> | <p>14</p> |
| <p>17</p> | <p>18</p> | <p>19</p> | <p>20</p> | <p>21</p> |
| <p>24</p> | <p>25</p> | <p>26</p> | <p>27</p> | <p>28</p> |

*Alternate Fruit Options: Apple, Grapes, Banana, Pear
*Alternate Sandwich Option: Sunflower Butter and Jelly

*Fun on the Run: Pretzel, Yogurt, String Cheese, Fruit, Vegetable
*Greek Salad: Lettuce, Chicken, Garbanzo Beans, Olives, Tomato, Cucumber, Feta Cheese
*Tiger Chef's Salad: Lettuce, Turkey, Tomato, Cucumber, American Cheese

